

Pre-Surgical Instructions

1. Discontinue aspirin and any medications containing aspirin for 2 weeks prior to your surgical appointment, unless instructed by your physician not to discontinue this medication.
2. Discontinue Advil or any other non-steroidal anti-inflammatory medication one-week prior to your surgical appointment. You may substitute Tylenol for these medications.
3. Discontinue Vitamin E one week prior to your surgical appointment.
4. Inform this office if you are taking any other anticoagulant medication, i.e., Plavix, Coumadin, etc.
** You will need to be off these medications prior to surgery if your physician allows it.
5. Take any prescribed antibiotic as directed for heart murmur or Mitral Valve Prolapse.
6. Take all routine medications as directed by your physician. Please inform this office of all routine medications you are currently taking.
7. Please inform this office of all allergies to medications.
8. Plan to rest at home the remainder of the day and the following day after your surgical appointment.
9. Eat a light meal prior to your surgical appointment, unless you are having I.V. sedation. If you are having an I.V. procedure, you must not eat or drink for 6 hours before the appointment. Avoid heavy or greasy foods.
10. You will be able to drive yourself home after surgery if you are not sedated.
11. **START** taking a multi-vitamin today and continue until you have healed from your surgical procedure if you are not taking on a regular basis already.
12. Take all medications as prescribed pre op and post op.

*** IMPORTANT NOTE:** for patients who will be receiving oral sedation!

On the day before your scheduled surgical procedure, you will receive a reminder phone call. At that time, we will also call in your medications to the pharmacy. It is very important that you do not take any of these medications for any reason, unless you have been advised to do so by Dr. Finley or a staff member. You are to bring them with you to your appointment. After you have checked in a staff member will advise you when it is time to take your medication.



Your non-compliance with our pre-op guidelines will result in cancellation of your procedure.

Please be aware that approximately 80% of sedations precede normally, about 20% result in heavier/ lighter sedation than preferred. All situations will be handled as needed by Dr. Finley, rarely resulting in procedure cancellation.